

## Lidocaine

【I1XYLJ3】Xylocaine® Jelly 2% 30g/Tube

ATC Code : R02AD02

中文名：苦息樂卡因凝膠 2% 《阿斯特捷利康》

適應症：表面麻醉。

藥理分類：Local Anesthetic, Topical.

用法用量：**Administration:** Jelly syringe is graduated, i.e., a 3 mm line of jelly is equivalent to approximately 1 mL of jelly (20 mg lidocaine HCl).

### Indications and dosage regimen:

#### Urethral Anesthesia:

— Surface anesthesia of the adult male urethra:

20 mL (400 mg lidocaine HCl) jelly is usually required.

— Surface anesthesia of the adult female urethra:

Instill 5 to 10 mL of jelly in small portions to fill the whole urethra.

#### Endoscopy:

The instillation of 10 to 20 mL is recommended for adequate analgesia and a small amount may be applied to the lubricating instrument. When combined with other lidocaine products (e.g., for bronchoscopy), the total dose of lidocaine should not exceed 400 mg.

#### Lubrication for Endotracheal Intubation:

Apply approximately 2 mL of jelly to the external surface of the endotracheal tube just prior to insertion. Care should be taken to avoid introducing the product into the lumen of the tube.

不良反應：用 lidocaine jelly 潤滑氣管內插管之後，曾有手術後「喉嚨痛」發生率增加之報告。

注意事項：12 歲以下孩童，劑量不可超過 6 mg/kg；24 小時之內，不可給予超過 4 次之劑量。

懷 孕 期：1. Lidocaine and its metabolites cross the placenta and can be detected in the fetal circulation following injection (Cavalli 2004; Mitani 1987).  
2. Adverse events were not observed in animal reproduction studies using the systemic injection.  
3. The amount of lidocaine absorbed topically (and therefore available systemically to potentially reach the fetus) varies by dose administered, duration of exposure, and site of application. Cumulative exposure from all routes of administration should be considered.

授 乳 期：1. Lidocaine 可進入母乳，但其劑量極微，通常對新生兒並無危險性。  
2. Lidocaine is considered compatible with breastfeeding (WHO 2002).

儲 存：儲存溫度不可超過 25 °C，不可冷凍。

\*\* 全民健保藥品給付規定：

限直腸外科人工肛門造口病例須居家定期插入導管或脊椎畸形合併有神經功能障礙之病童須長期居家間歇導尿病例使用。