

Hydralazine

【OAPRE】Apresoline (Stable®) 10mg/Tab

ATC Code : C02DB02

中文名：血得平錠 «榮民製藥»

適應症：高血壓。

藥理分類：Antihypertensive; Vasodilator.

用法用量：**Administration: orally**, without regard to meals. However, food enhances bioavailability; administer consistently with regard to meals.

Dosage regimens:

—Adults:

10 mg QID for 2 to 4 days, then 25 mg QID for the remainder of the week followed by titration based on response to 50 mg QID; usual dosage range: 100 to 200 mg/day in divided doses. Maximum dose: 300 mg/day.

Doses >200 mg/day are generally avoided due to increased risk of lupus-like reaction.

—Children: use is based on clinical experience

Initial: 0.75 mg/kg/day in 4 divided doses, maximum initial dose: 10 mg/dose; may increase gradually over 3 to 4 weeks up to a maximum of 7.5 mg/kg/day in 2 to 4 divided doses not to exceed **200 mg/day**.

不良反應：

- 頭痛、心跳快、噁心、食慾減低。胸痛、全身乏力、關節痛、發熱、皮膚發疹、手腳麻木、皮膚癢、喉嚨痛。
- Lupus-like syndrome (dose related; fever, arthralgia, splenomegaly, lymphadenopathy, asthenia, myalgia, malaise, pleuritic chest pain, edema...).

交互作用：

- Indomethacin: ↓ hydrALAZINE effectiveness.
- Metoprolol: ↑ metoprolol concentrations.

注意事項：1.飯前或飯後均可。建議保持服藥與膳食時間的一致性。
2.從躺或坐起身需緩慢。

懷 孕 期：

- Hydralazine 會通過胎盤，動物試驗曾經發現不良作用。若需於懷孕期間治療慢性高血壓，建議選用其他藥品。
- If treatment for chronic hypertension in pregnancy is needed, other oral agents are preferred as initial therapy (ACOG 2013; Magee 2014).

授 乳 期：

- Hydralazine 會分泌至乳汁中，但至今未有報告顯示會對嬰兒有副作用，對授乳婦仍應謹慎投與。
- Hydralazine is considered compatible with breastfeeding; however, sufficient information is not available following long-term use (WHO 2002).