

## Exemestane

【OARO】Aromasin Sugar Coated Tab 25mg

ATC Code : L02BG06

中文名：諾曼癌素糖衣錠 25 毫克 «Pfizer»

適應症：具有雌激素受體陽性之停經婦女，使用 Tamoxifen 至少 2 年之早期侵犯性乳癌的輔助治療。已接受抗雌激素而無效之停經婦女晚期乳癌。

藥理分類：Aromatase Inhibitor, Antineoplastic Agent

用法用量：Administration: Orally, take after meal.

### Indications and dosage regimens:

**Breast cancer, advanced:** Postmenopausal females:  
25 mg QD.

**Breast cancer, early (adjuvant treatment):** Postmenopausal females:  
25 mg QD. (following 2 to 3 years of tamoxifen therapy) for a total duration of 5 years of endocrine therapy.

Duration of therapy:

1. Maximum duration of 5 years of aromatase inhibitor (AI) therapy for postmenopausal women; AIs may be combined with tamoxifen for a total duration of up to 10 years of endocrine therapy.

2. In a phase III study with another AI (letrozole), treatment with an additional 5 years of AI therapy (for a total of 10 years of aromatase inhibitor therapy).

**Breast cancer, early** (first-line adjuvant tx; off-label use): Postmenopausal females:  
25 mg QD for 5 years.

Duration of therapy:

1. Maximum duration of 5 years of aromatase inhibitor (AI) therapy for postmenopausal women; AIs may be combined with tamoxifen for a total duration of up to 10 years of endocrine therapy.

2. In a phase III study with another AI (letrozole), treatment with an additional 5 years of AI therapy (for a total of 10 years of aromatase inhibitor therapy).

**Breast cancer, risk reduction** (off-label use): Postmenopausal females  $\geq 35$  years:  
25 mg QD for 5 years.

不良反應：食慾增加、面部潮紅、噁心、關節痛、頭痛

交互作用：phenytoin, carbamazepine, rifampin, rifabutin, rifapentine, St. John's wort:  
may ↓ exemestane exposure.

注意事項：1. 請每日同一時間服藥。飯後服用。  
2. 肝腎功能不全之病人服用本藥時無須調整劑量。

懷孕期：禁用。

授乳期：禁用。