

Baclofen

【OBACL】 Befon[®] 5mg/Tab

ATC Code : M03BX01

中文名： 倍鬆錠 «美時化學»

適應症： 限於脊髓和大腦疾病或損傷引起的肌肉痙攣。

藥理分類： Skeletal Muscle Relaxant

作用機轉： Inhibits the transmission of both monosynaptic and polysynaptic reflexes at the spinal cord level, possibly by hyperpolarization of primary afferent fiber terminals, with resultant relief of muscle spasticity

用法用量： **Administration:** orally, take without regard to meals. If nausea occurs, may administer with food or milk.

Indications and dosage regimen:

From *Micromedex, 2021:*

Adults & Children 12 yrs:

Initial, 5 mg orally 3 times a day; may increase dosage by 15 mg/day increments every 3 days until optimum effect is achieved.

MAX, 80 mg/day (20 mg orally 4 times daily).

Safety and efficacy not established in children < 12 yrs

From *UpToDate, 2021:*

Infants ≥4 months and Children <2 years: *Very limited data available:*

Usual dose: 10 to 20 mg/day in divided doses every 8 hours; begin at low end of range and titrate dose to patient response.

Titration intervals of every 7 days have been used in pediatric patients ≥2 years.

Maximum daily dose: 40 mg/day.

Children 2 to 7 years: *Limited data available:*

Initial: 2.5 mg 3 times daily.

Titrate dose by 5 mg increments at weekly intervals to patient response; usual dose: 20 to 40 mg/day.

Maximum daily dose: 60 mg/day.

Children ≥8 years and Adolescents: *Limited data available* in children <12 years:

Initial: 5 mg 3 times daily; titrate dose to patient response at weekly intervals to usual dose of 30 to 40 mg/day;

Maximum daily dose: 60 mg/day.

Some patients ≥12 years may require every-6-hour dosing;

Maximum daily dose range: 60 to 80 mg/day.

仿單：

- 成人初劑量 1 日 5~15mg，1~3 次飯後分服用，達標準用量 1 日 30mg，2~3 日，特殊情況可分次增量至 1 日 5~10mg，視症狀增減用量。
- 小兒初劑量 1 日 5mg，飯後 1~2 次分服用，達標準用量(15-12 歲 5~25mg，11-7 歲 5-20mg，6-4 歲 5~15mg)，2~3 日，特殊情況可分次增量至 1 日 5mg，視症狀增減用量。

不良反應： 頭暈、嗜睡、噁心、嘔吐、倦怠、肌肉無力。

注意事項： 1.有嚴重精神病及 epilepsy 病史者，應小心使用。
2.本劑可增強降壓劑、中樞神經抑制劑及酒精之作用。
3.長期使用可能發生幻覺、興奮。

懷 孕 期： 1.本藥會通過胎盤，懷孕婦女或可能懷孕的婦女請勿使用。
2. Late-onset neonatal withdrawal may occur following in utero exposure.

授 乳 期： 1.本藥會分泌至乳汁，哺乳婦請勿使用。
2. Withdrawal symptoms may occur in a breastfed infant when maternal baclofen is discontinued or breastfeeding is stopped.