

Clomiphene Citrate

【OCLOM】 Clomiphene® 50mg/cap

ATC Code : G03GB02

中文名：可洛米分膠囊 50 公絲 «優生»

適應症：促進排卵。

藥理分類：Selective Estrogen Receptor Modulator (SERM); Ovulation Stimulator.

用法用量：**Administration:** The total daily dose should be taken at one time to maximize effectiveness.

Indications and dosage regimens:

Female infertility due to ovulatory disorder:

— 50 mg QD for 5 days

- beginning at any time if the patient has no history of recent uterine bleeding
- starting on the **fifth day of the cycle**, if progestin- induced bleeding is intended, or spontaneous uterine bleeding occurs prior to treatment.
- when ovulation occurs with this dosage, there is no advantage to increasing the dose in subsequent cycles of treatment.

— If ovulation has not occurred after the first course of treatment, a second and third course may be given, if necessary, of **100 mg daily for 5 days**, may be initiated as early as 30 days after the previous course.

Maximum dose: 100 mg QD for 5 days for up to 6 cycles.

Male infertility (off-label, particularly low testosterone levels):

Note: *Clomid blocks estrogen's interaction with the pituitary gland, there's an increase in LH, FSH, and testosterone in the body.*

— starting dosage of 25 mg three days per week and then slowly titrating — or — adjusting the dosage — until the dose is 50 mg per day as needed.

禁忌：

1. 非因卵巢腫瘤及多囊性卵巢症候群所引起之卵巢腫大的病患。(可能會因卵巢過度刺激而使得卵巢更加腫大)
2. 肝損害或有肝疾病的病患。(可能會使得肝損害情形惡化)
3. 懷孕的婦女。

不良反應： 腹痛，腹脹，臉潮紅，視力改變，黃疸，噁心、嘔吐，陰道出血異常，頭暈。

注意事項：

1. 因會引起視力模糊等視覺症狀，故服藥中，請注意勿駕駛車輛及從事有危險性之機械操作。
2. 投藥前須確認未懷孕。
3. 有視覺症狀發生時，請停藥並至眼科檢查。

懷孕期： 禁用。Use is contraindicated in females who are already pregnant.

授乳期：

1. Clomiphene is present in breast milk. (UpToDate, 2023)
2. The manufacturer recommends that caution be used if administered to breastfeeding women. Clomiphene may decrease lactation.