

Bisoprolol

【OCON】Concor® 5mg/Tab

ATC Code : C07AB07

中文名：康肯錠 《臺灣默克》

適應症：高血壓，狹心症，穩定型慢性中度至重度（NYHA class III、IV）心衰竭。

【OCON1】Concor® 1.25mg/Tab

ATC Code : C07AB07

中文名：康肯錠 《臺灣默克》

適應症：穩定型慢性中度至重度心衰竭。

藥理分類：Beta-Blocker, Beta-1 Selective; Antihypertensive.

用法用量：Safety and efficacy not established in children.

Administration: taken in the morning with or without food. They are swallowed with some liquid and not to be chewed.

Indications and dosage regimen:

Angina:

5-20 mg QD

Hypertension:

Initial, 2.5-5 mg QD;
maintenance, 2.5-20 mg QD;
MAX dose, 20 mg/day.

Congestive heart failure:

Initial, 1.25 mg QD; titrate to MAX dose of 10 mg QD.

Dosage titration:

1st week: 1.25mg QD
2nd week: 2.5mg QD
3rd week: 3.75mg QD
4th ~ 7th week: 5mg QD
8th ~ 11th week: 7.5mg QD
12th week~ and Maintenance: 10mg QD

不良反應：頭痛、眩暈、疲勞、睡眠不寧、脈搏緩慢、四肢冰冷等。

交互作用：

- Rivastigmine: ↑ the bradycardic effect of Beta-Blockers. Avoid combination.
- Dronedarone: ↑ the bradycardic effect of Beta-Blockers. Dronedarone may ↑ the serum concentration of Beta-Blockers. Consider therapy modification.

注意事項：

1. 空腹服用或與食物併服皆可。請伴服液體吞服，不要嚼碎。
2. 血糖起伏不定的糖尿病患、長期禁食者，以及酸中毒者應注意使用。
3. Clcr < 20 mL/min 或嚴重肝功能不全病患，每日用量勿超過 10 mg。
4. 長期治療後，勿任意改變服用劑量。並且不要突然中斷使用，如果需要中斷，原則上要逐漸遞減用量，分別每星期減少一半用量。
5. 病人開始 bisoprolol 1.25 毫克的治療後，應該接受大約 4 小時的觀察期（尤其應該注意血壓、心跳速率、傳導障礙、心臟衰竭的惡化徵兆）。

懷孕期：

1. 因可能影響胎兒的發育，須評估利益及風險後才能使用。
2. Exposure to beta-blockers during pregnancy may increase the risk for adverse events in the neonate.
3. When treatment of chronic hypertension in pregnancy is indicated, agents other than bisoprolol are preferred.

授乳期：

1. 不建議於授乳期使用本藥。
2. It is not known if bisoprolol is present in breast milk.
3. Caution be exercised when administering bisoprolol to breastfeeding women. Use of a beta-blocker other than bisoprolol may be preferred in a lactating female .