

Isosorbide-5-mononitrate

【OCOXI】Imdur (Coxine®) 60mg/Tab

ATC Code : C01DA14

中文名：冠欣持續性藥效錠 «健喬信元»

適應症：預防狹心症發作。

藥理分類：Antianginal Agent; Vasodilator.

用法用量：Administration:

1. Do not administer around-the-clock. Administer once daily in the morning upon rising with a half-glassful of fluid.
2. Do not chew or crush extended release tablets; may be divided in half. Due to insoluble matrix embedding, extended release tablets that are scored may be split.

Dosage regimen:

Initially, 30 or 60 mg once daily. May increase dosage to 120 mg once daily after several days; 240 mg dosages rarely needed.

不良反應：初期會出現頭痛、低血壓症狀（暈眩、頭暈），通常可在持續治療後獲改善。

注意事項：

1. 不適於急性心絞痛發作的緩解，這種情況應服用舌下或口腔硝基甘油錠。
2. 需注意低血壓及腦動脈硬化患者服藥後之反應。
3. 可與食物併服或空腹使用。
4. 本品可剝半服用，但不可咀嚼或壓碎後服用。
5. 首次服用時，可能會有頭暈現象。
6. 勿併用威而鋼 (Viagra, Sildenafil)、犀利士(Cialis, Tadalafil)/佳倍壯(Vetawon, Tadalafil)或樂威壯(Levitra, vardenafil)。。

懷 孕 期：

1. Adverse events have been observed in some animal reproduction studies. Nitric oxide donors, such as isosorbide, have been evaluated for pre-eclampsia and cervical ripening;
2. isosorbide mononitrate use in these conditions is not currently recommended (Kalidindi 2012; Ramirez 2011).

授 乳 期：

- 1.除非醫師判定為必要，否則不應在懷孕或授乳期使用。
2. It is not known if isosorbide mononitrate is excreted in breast milk. Caution be exercised when administering isosorbide mononitrate to nursing women.