

56:28.36 Proton-pump Inhibitors

Esomeprazole

【OESO】Esocomfort® (Esomeprazole Magnesium)E.F.C. Tab 40mg *ATC Code : A02BC05*

中文名： 易舒康活腸膜衣錠 40 毫克 《意欣國際》

適應症： 1. 糜爛性逆流性食道炎之治療、胃食道逆流性疾病之症狀治療。
2. 與適當之抗菌劑療法併用，以根除幽門螺旋桿菌，及治療由幽門螺旋桿菌引發之十二指腸潰瘍。3. NSAID 治療相關之胃潰瘍的治療。
4. Zollinger-Ellison Syndrome (ZES)之治療。5. 預防消化性潰瘍再出血之治療。

藥理分類： **Proton Pump Inhibitor.**

用法用量：**Administration:**

Orally, taken at least 1 hour before a meal.

Indications and dosage regimen:

Gastroesophageal Reflux (GERD):

—GERD Without Erosive Esophagitis:

20 mg QD x 4 weeks; may be given an additional 4 weeks of therapy. Chronic PPI therapy may be appropriate.

—Treatment of Erosive Esophagitis:

Initial: 40 mg QD for 4 weeks; if incomplete healing, may continue for an additional 4 weeks;

—Maintenance of Healing of Erosive Esophagitis:

20 mg QD; not studied > 6 months.

Risk Reduction of NSAID- Associated Gastric Ulcer:

20 mg or 40 mg QD for up to 6 months.

Duodenal Ulcer:

—*Helicobacter pylori* eradication:

- **Clarithromycin triple regimen:** 20 to 40 mg BID in combination with clarithromycin 500 mg BID and either amoxicillin 1 g BID or metronidazole 500 mg TID; continue regimen for 14 days.
- **Bismuth quadruple regimen:** 20 mg BID in combination with tetracycline 500 mg QID, metronidazole 250 mg QID or 500 mg 3 or 4 times daily, and either bismuth subcitrate 120 to 300 mg QID or bismuth subsalicylate 300 mg QID; continue regimen for 10 to 14 days.
- **Concomitant regimen:** 20 mg BID in combination with amoxicillin 1 g BID, clarithromycin 500 mg BID, and either metronidazole or tinidazole 500 mg BID; continue regimen for 10 to 14 days.
- **Sequential regimen:** 20 mg BID plus amoxicillin 1 g BID for 5 to 7 days; then continue esomeprazole along with clarithromycin 500 mg BID, and either metronidazole or tinidazole 500 mg BID for 5 to 7 days.
- **Hybrid regimen:** 20 mg BID plus amoxicillin 1 g BID for 7 days; then continue esomeprazole and amoxicillin along with clarithromycin 500 mg BID, and either metronidazole or tinidazole 500 mg BID for 7 days.
- **Levofloxacin triple regimen:** 20 mg BID in combination with amoxicillin 1 g BID and levofloxacin 500 mg QD; continue regimen for 10 to 14 days.

Dosage adjustment:

Should not exceed 20 mg QD in patients with severe hepatic impairment.

Safety and efficacy not established in children $\leq$ 18 yrs

不良反應： 頭痛、腹瀉、噁心、腹脹、腹痛、便秘、口乾等。

交互作用：

- Rifampicin, rifapentine, St John's Wort: ↓ serum level of Esomeprazole.
- Clarithromycin, itraconazole, ketoconazole, atazanavir, indinavir, ritonavir, voriconazole: ↑ serum level of Esomeprazole.
- Clopidogrel: diminish the antiplatelet effect of Clopidogrel.
- Erlotinib: ↓ the serum concentration of Erlotinib. Risk X: Avoid combination.

注意事項：

1. 口服藥應於飯前至少 1 小時整粒以液體吞服；
2. 本品為腸溶錠，不可嚼碎或研磨服用。
3. 仿單：『無法吞嚥的病人，不適合使用本品』。
4. 肝功能嚴重不佳者，每日劑不宜超過 20mg。

懷 孕 期：1. Recommendations for the treatment of GERD in pregnancy are available.
2. Based on available data, PPIs may be used when clinically indicated (use of an agent with more data in pregnancy may be preferred) (*Body 2016; Matok 2012; Pasternak 2010; van der Woude 2014*).

授 乳 期：目前並不知道 esomeprazole 是否會由人類乳汁中排出，亦未曾對授乳婦進行研究。因此，在授乳期間不應使用。(仿單)

1. Because omeprazole is present in breast milk (Marshall 1998), it is likely that esomeprazole is present in breast milk. (*UpToDate, 2020*)
2. According to the manufacturer, the decision to continue or discontinue breastfeeding during therapy should take into account the risk of infant exposure, the benefits of breastfeeding to the infant, and benefits of treatment to the mother. (*UpToDate, 2020*)