

Gemfibrozil

【OGEMB】 Gembite[®] Cap 300mg/Cap

ATC Code : C10AB04

中文名： 健比得膠囊 300 毫克 «優生»

適應症： 高脂血症。

藥理分類： **Antilipemic Agent, Fibric Acid.**

作用機轉： Inhibit lipolysis and decrease subsequent hepatic fatty acid uptake as well as inhibit hepatic secretion of VLDL; together these actions decrease serum VLDL levels; increases HDL-cholesterol.

用法用量： **Administration: orally, taken 30 minutes before meals.**

Dosage regimen:

Hyperlipidemia or Reduction of Coronary Risk:

Adults: 900~1200 mg daily. **MAX:** 1500mg daily.

- 900mg as a single dose;
- 1200mg taken in two divided doses,
- Orally taken 30 minutes before breakfast and dinner.

禁忌： 肝功能不全、嚴重腎功能不全、或先前存在膽囊疾病患者禁用。

不良反應： 胃腸不適、肌肉疼痛、潮紅、口乾燥症。

注意事項： 1.飯前半小時服用。 2.併用抗凝血劑時須小心。

交互作用： 1. Simvastatin：嚴重肌病變。（Gemfibrozil 抑制 statins 的膽汁排除與 glucuronidation，與 statins 併用會顯著增加肌病變和橫紋肌溶解的風險。）
2. Warfarin：本藥並用抗凝血劑時，抗凝血劑的劑量需減量，並維持 prothrombin time 於正常，以防止出血。
3. 其他類 fibrate：增加肌痛(myopathy)之發生率及嚴重程度。
4. Repaglinide, dasabuvir, selexipag：gemfibrozil 為 CYP2C8 抑制劑，若與 repaglinide, dasabuvir, selexipag 併用，repaglinide, dasabuvir, selexipag 血中濃度會明顯增加。

懷孕期： 1. 在懷孕期間，只有當潛在的利益大於對胎兒的風險，才可以服用。
2. Gemfibrozil crosses the placenta (Tsai 2004).
3. In women who develop very severe hypertriglyceridemia and are at risk for pancreatitis, use of gemfibrozil beginning in the second trimester is one intervention that may be considered (Avis 2009; Berglund 2012; Jacobson 2015; Wong 2015).

授乳期： 1. 接受本藥治療期間，建議停止哺乳。
2. It is not known if gemfibrozil is present in breast milk.
3. Due to the potential for serious adverse reactions in the breastfeeding infant, the manufacturer recommends a decision be made whether to discontinue breastfeeding or to discontinue the drug, taking into account the importance of treatment to the mother.

儲存： 於 25°C 以下乾燥處避光保存。