

Triazolam

【OHALCI】 Arring® 0.25mg/Tab

ATC Code : N05CD05

中文名：安林錠 «永信»

適應症：不眠症。

藥理分類：Benzodiazepine

用法用量：**Note:** generally for short-term administration; reevaluate patient if triazolam is needed for more than 2-3 weeks.

Administration: Orally, administer **on an empty stomach**; do not take with a meal or immediately after a meal. Onset of action is rapid; patient should take immediately before bedtime.

Usual dosage:

— Adults: 0.25 mg immediately before bedtime. **MAX** 0.5 mg.

— Elderly and/or debilitated patients:

0.125 mg to 0.25 mg at bedtime (therapy should be initiated at 0.125 mg).

MAX 0.25 mg.

Discontinuation dosing:

Decrease dose by 50% every 2 nights, until you reach 0.125 mg for 2 nights, then discontinue.

不良反應：鎮靜、嗜眠、頭昏眼花。

交互作用：

- **PLAVIX**(ritonavir/ nirmatrelvir): ↑ triazolam exposure and risk of extreme sedation and respiratory depression.
- **FLUMAZENIL**: may result in precipitation of seizures.
- **ITRACONAZOLE**, **FLUCONAZOLE**, **CLARITHROMYCIN**: ↑ triazolam exposure and potential triazolam toxicity (excessive sedation and prolonged hypnotic effects).
- **BUPRENORPHINE**: ↑ risk of CNS depression and respiratory depression.

注意事項：1.睡前服用。

2.服藥期間應避免心開車或操作危險機械。

3.服用本品可能出現夢遊行為，例如開車、打電話及準備與食用食物。（衛福部要求廠商仿單加註之警語。）

4.若需與鴉片類藥物併用，須注意可能發生呼吸一至、昏厥，甚至死亡。

5. US Boxed Warning

Risks from concomitant use with opioids:

Concomitant use of **benzodiazepines and opioids** may result in profound sedation, respiratory depression, coma, and death. Reserve concomitant prescribing of these drugs for use in patients for whom alternative treatment options are inadequate. Limit dosages and durations to the minimum required. Follow patients for signs and symptoms of respiratory depression and sedation.

懷 孕 期：禁用於孕婦。如果患者可能會在使用本藥期間懷孕，應提醒患者胎兒可能面臨的風險。應囑咐患 者在懷孕前要先停藥。對具生育能力的婦女，在開始治療時即應考慮到懷孕的可能性。

授 乳 期：哺乳婦女不可使用本錠。使用本藥期間禁止授乳。

儲 存：請置於 25°C 以下避光貯存。