

Hydrochlorothiazide

【OHYDH】Colonraitai® 25mg/Tab

ATC Code : C03AA03

中文名：克隆來泰錠 «井田»

適應症：利尿、高血壓。

藥理分類：Diuretic, Thiazide; Antihypertensive.

用法用量 **Administration:** orally, administer early in day to avoid nocturia. Take the last dose of multiple doses no later than 6 PM unless instructed otherwise.

Indications and dosage regimen:

Hypertension:

—Adults:

- Initially, 12.5-25 mg daily; maintenance, 12.5-50 mg QD.
Maximum before switching/adding alternative drug is 50 mg daily. **OR**
- Initially: 12.5 to 25 mg QD; titrate as needed based on patient response up to 50 mg QD.
- Some experts do not recommend doses higher than 25 mg/day because of greater adverse effects without additional antihypertensive effect (*Jamerson 2008; Mann 2019; Ojji 2019*).

—Pediatric patients:

Infants 6 months:

Up to 3 mg/kg/day, in 2 divided doses; up to 37.5 mg/day.

Infants 6 months to 2 yrs:

Usually, 1-2 mg/kg/day, in a single or 2 divided doses, up to 37.5 mg/day.

Children 2-12 yrs:

1-2 mg/kg/day, in a single or 2 divided doses, up to 100 mg/day.

Edema:

- Usually, 25-100 mg daily in 1-3 divided doses.
- Many patients respond to intermittent therapy (e.g., alternate days, 3-5 days weekly); decreased risk of excessive diuretic response and resulting electrolyte imbalance.

Edema, refractory (adjunctive to loop diuretic):

25 to 100 mg daily in 1 to 2 divided doses; adjust dose based on response and tolerability; maximum daily dose: 200 mg/day (*ACCF/AHA [Yancy 2013]*). Some experts favor twice-daily dosing (*Brater 2019*).

不良反應：口渴、倦怠、噁心、食慾減低、嘔吐、暈眩。電解質失衡(低血鈉症及低血鉀症)、高尿酸血症，糖尿病患者血糖過高。

交互作用：

- **DIGITALIS GLYCOSIDES:** may result in digitalis toxicity (nausea, vomiting, arrhythmias).
- **METHOTREXATE:** ↑ methotrexate exposure and enhanced myelosuppression.
- **TOPIRAMATE:** ↑ topiramate exposure.
- **NSAIDS:** ↓ diuretic effectiveness and possible nephrotoxicity.

注意事項：1.建議白天服用，飯前或飯後服用均可。

- 2.避免由坐姿或躺臥時突然站立。
- 3.補充適量含鉀食物。
- 4.服藥期間避免喝酒，避免日曬過久。

懷 孕 期：可通過胎盤，不可用於孕婦。

授 乳 期：本品會分泌於乳汁中，使用本品進行治療時應停止授乳。