

## Isosorbide Dinitrate

【OISORD】Isobide<sup>®</sup> 10mg/Tab

ATC Code : C01DA08

中文名： 易適倍錠 《衛達化學》

適應症： 預防狹心症之發作。

藥理分類： Vasodilator; Antianginal Agent.

用法用量： **Administration:**

Orally, taken with empty stomach (0.5 hour before or 1 hour after meals).

**Indications and dosage regimen:**

— **Angina, long-term prophylactic management:**

5-40 mg 2-3 times daily.

— **Congestive heart failure:**

30-160 mg/day in divided doses,

**MAX 240 mg/day.**

不良反應： 頭痛、頭昏、虛弱、心悸、起身時暈眩、皮疹等。

交互作用：

- Phosphodiesterase 5 Inhibitors(sildenafil, tadalafil, vardenafil): ↑ the vasodilatory effect. Risk X: Avoid combination.

注意事項： 1.青光眼、重症低血壓、休克之患者禁用本劑。

2.Isobide<sup>®</sup> Tablet 易潮解，不可磨粉。

懷 孕 期： Adverse events have been observed in some animal reproduction studies.

Nitric oxide donors, such as isosorbide, have been evaluated for pre-eclampsia and cervical ripening; isosorbide dinitrate use in these conditions is **not** currently recommended (*Kalidindi 2012; Ramirez 2011*).

授 乳 期： 1.除非醫師判定為必要，否則不應在懷孕或授乳期使用。

2. It is not known if isosorbide dinitrate is present in breast milk. The manufacturer recommends that caution be exercised when administering isosorbide dinitrate to breastfeeding women.