

Mexiletine HCl

【OMEXT】Meletin® 100mg/Cap

ATC Code : C01BB02

中文名：脈律循膠囊 «信東»

適應症：心室性不整律。

藥理分類： **Antiarrhythmic Agent, Class Ib.**

用法用量： **Administration:** orally, taken with food or antacids to minimize adverse GI effects.

Indications and dosage regimens:

Ventricular Arrhythmias:

—Rapid control:

400 mg loading dose followed by 200 mg in 8 hrs.

—Not requiring rapid arrhythmia control:

Initially, 200 mg every 8 hours; titration, increase in 50-100 mg increments at 2-3 day intervals or longer.

Maintenance, 200-300 mg every 8 hours;

MAX 1.2 g/day.

Ventricular premature beat (symptomatic) suppression (off-label use):

—Initial: 100 to 150 mg every 8 to 12 hours;

adjust dose as needed in 50 or 100 mg increments no more frequently than every 2 to 3 days up to 300 mg every 8 to 12 hours;

—usual dose: 150 to 300 mg every 8 to 12 hours;

Maximum dose: 1.2 g/day.

禁忌：對 mexiletine HCl 或任一賦形劑或局部麻醉劑(如 lidocaine)有過敏反應之病患禁用 mexiletine HCl。

不良反應：頭痛、頭昏、震顫、耳鳴、意識改變、胃腸不適等。

交互作用：a CYP1A2 inhibitor, and a CYP2D6 Substrates.

- **Theophylline:** ↑ concentration of Theophylline Derivatives, ↑ theophylline toxicity (nausea, vomiting, palpitations, seizures).
- **Tizanidine:** ↑ tizanidine plasma concentrations resulting in increased hypotensive and sedative effects.
- **Phenytoin, RifAMPin:** ↓ the serum concentration of Mexiletine.
- **Tobacco (Smoked):** ↓ the serum concentration of Mexiletine.

注意事項：1.嚴重肝疾病者避免使用或減量。
2.對於患有 Parkinsonism 的病人，使用本藥可能會加強震顫。
3.飯後以足夠液體整粒吞服。
4.服藥期間不要開車或操作機器。
5.盡量減少食用含咖啡因的飲料或食物。

懷孕期：治療效益高於風險時才使用。

授乳期：Mexiletine HCl 會分泌至乳汁中，可能影響嬰兒，因此，母親若需服用 mexiletine HCl 時，請勿授乳。