

Atenolol

【OMIR】 Mirobect® 50mg/Tab

ATC Code : C07AB03

中文名：脈樂必克膜衣錠 «裕心»

適應症：高血壓、狹心症。

藥理分類：Antianginal Agent; Antihypertensive; Beta-Blocker, Beta-1 Selective.

用法用量：Administration: orally, taken with or without food.

Indications and dosage regimens:

Hypertension:

Initially, 25-50 mg QD. Full hypotensive response may require 2 weeks.

If necessary, increase to 100mg QD.

Some patients may have improved BP control with twice-daily dosing.

Angina:

Initially, 50 mg QD. If optimum response is not achieved within one week, increase to 100 mg QD.

Some patients may require 200 mg QD for optimum effect.

不良反應：手腳感覺冰冷、頭暈、疲勞、心跳緩慢。

交互作用：

- Rivastigmine: ↑ the bradycardic effect of atenolol.
- Dronedarone: ↑ the bradycardic effect of atenolol.
- Dronedarone may ↑ the serum concentration of atenolol. This likely applies only to those agents that are metabolized by CYP2D6.

注意事項：

1. 飯前或飯後服用皆可。
2. 長期使用本劑之患者，勿突然停藥，應在 1-2 週內慢慢減量。
3. 糖尿病患者需密切監測血糖。
4. 禁用於支氣管性氣喘、竇性心搏徐緩、心臟傳導阻斷(II 或 III 度)、心因性休克、鬱血性心衰竭（因心搏過速引起且可用 β -Blockers 治療者例外）。
5. 勿與 verapamil 併用，若需服用 verapamil，須先停用本藥。

懷 孕 期：不建議使用。

When treatment of chronic hypertension in pregnancy is indicated, **atenolol is not recommended** due to adverse fetal/neonatal events (*ACOG 203 2019; ESC [Regitz-Zagrosek 2018]*); Atenolol crosses the placenta and is found in cord blood. Maternal use of atenolol **may cause harm to the fetus**.

授 乳 期：不建議使用。

The manufacturer recommends that caution be exercised when administering atenolol to breastfeeding women. Use of a beta-blocker **other than atenolol may be preferred** in a breastfeeding female (*Anderson 2017; Ito 2000*).