

Indapamide

【ONAK】Nakamide® 2.5mg/Tab

ATC Code : C03BA11

中文名： 壓利得膜衣錠 2.5 毫克 《南光》

適應症： 高血壓。

藥理分類： **Antihypertensive; Diuretic, Thiazide-Related.**

用法用量： **Administration: orally**, taken without regard to meals; however, taken with food or milk may decrease GI adverse effects. Administer **early in day** to avoid nocturia.

Indications and dosage regimens:

Edema:

Initial: 2.5 mg daily;

if inadequate response after 1 week, may increase dose to 5 mg daily.

Note: There is little therapeutic benefit to increasing the dose >5 mg daily; there is, however, an increased risk of electrolyte disturbances.

Hypertension:

Initial: 1.25 mg once daily; titrate as needed every 4 weeks up to 5 mg once daily. Usual dosage range: 1.25 to 2.5 mg once daily.

Safety and effectiveness not established in children.

不良反應： 食慾不振、噁心、嘔吐、口渴、便秘、胃部不適、頭痛、肝機能異常、發疹、顏面紅潮、光線過敏症、耳鳴。

交互作用：

- **Lithium:** may decrease the excretion of Lithium.
- **Anticholinergic Agents:** ↑ the serum concentration of Indapamide.
- Indapamide may ↓ the therapeutic effect of **Antidiabetic Agents.**
- **Beta2-Agonists**(Albuterol, Formoterol, Procaterol, Ritodrine, Salmeterol, Terbutaline): ↑ the hypokalemic effect of Indapamide.

注意事項： 1.建議白天服用，飯前或飯後服用均可。
2.避免由坐姿或躺臥時突然站立。
3.補充適量含鉀食物。
4.服藥期間避免喝酒，避免日曬過久。

禁忌： 1.無尿患者。
2.急性腎不全患者。
3.體液中的鈉、鉀，明顯減少之患者。
4.對 Thiazide 類藥劑及其類似化合物（例如 Chlorothiazide 等的 Sulfonamide 衍生物）會引起過敏症之既往病歷患者。

懷孕期： 妊娠後期及授乳中婦人避免使用。

- Diuretics cross the placenta and are found in cord blood.
- Maternal use may cause fetal or neonatal jaundice, thrombocytopenia, or other adverse events observed in adults.

授乳期： 妊娠後期及授乳中婦人避免使用。尚未知 indapamide 是否會分泌至母乳中。

- It is not known if indapamide is present in breast milk.
- If therapy is needed, the manufacturer recommends that breastfeeding be discontinued.