

Desmopressin

【OPMSD】 pms-Desmopressin® 0.1mg/Tab

ATC Code : H01BA02

中文名：沛卜淨錠 0.1 毫克 《健喬信元》

適應症：中樞尿崩症，原發性夜尿症（限用於 7 歲以上病患），成人因夜間多尿所導致之夜尿症。

藥理分類：**Antihemophilic Agent; Hemostatic Agent; Hormone, Posterior Pituitary; Vasopressin Analog, Synthetic.**

用法用量：**Administration :**

May administer with or without food. Food may reduce/delay absorption although does not affect antidiuretic activity (Rittig 1998).

Indications and dosage regimens:

Central diabetes Insipidus:

Adults:

Initial, 0.05 to 0.2 mg once daily at bedtime, titrated to response, maintenance 0.1-0.2 mg TID. Maximum dose: 1.2 mg/day.

Children ≥4 years and Adolescents:

Initial: 0.05 mg twice daily; titrate to desired response; optimal daily dose range: 0.1 to 0.8 mg/day in 2 to 3 divided doses; reported daily dose range: 0.1 to 1.2 mg/day.

Primary nocturnal enuresis:

Adults & children ≥ 7 years:

Initial, 0.2 mg PO at bedtime, dose may be titrated up to 0.4 mg if necessary.

Nocturia, refractory:

Initial: 0.05 to 0.1 mg once daily at bedtime; maintenance 0.2-0.4 mg.

不良反應：頭痛、胃痛、噁心、情緒不安等。

交互作用：

- **Corticosteroids (Orally Inhaled; Systemic) :** ↑ the hyponatremic effect of Desmopressin.
- Desmopressin may ↑ the hyponatremic effect of **Loop Diuretics**.
- **Chlorpromazine:** ↑ the hyponatremic effect of Desmopressin.
- **Lithium:** ↓ the therapeutic effect of Desmopressin. Desmopressin may ↑ the serum concentration of Lithium.
- **NSAIDs:** ↑ the hyponatremic effect of Desmopressin.

注意事項：高血壓、心臟疾病或腎功能不佳者須非常小心使用。

懷孕期：

1. 數據顯示在懷孕婦女或胎兒/新生兒健康無不良反應。目前，無其他相關流行病學資料。動物試驗並未顯示與懷孕、胎兒/新生兒的發育、分娩或產後狀況有直接或間接相關的有害作用。當開處方於懷孕婦女須特別謹慎。
2. Desmopressin may be used throughout pregnancy for the treatment of diabetes insipidus.
3. Desmopressin is **not recommended** for nocturia caused by normal physiologic changes which occur during pregnancy.

授乳期：

1. 分析接受高劑量 desmopressin (300 mcg) 噴鼻治療的授乳婦之乳汁，結果顯示 desmopressin 會轉移至乳汁但 desmopressin 轉移到小孩的量很低且可能遠低於影響尿多所需的劑量。

2. Maternal use of desmopressin is **not a contraindication** to breastfeeding (Demers 2018).

儲存：25 °C 以下儲存。