

Rosuvastatin Calcium

【OCRES】 Crestor® 10mg/Tab

ATC Code : C10AA07

中文名：冠脂妥膜衣錠 «阿斯特捷利康»

【OROSM】 Rosuvastatin Mylan 10mg/Tab

ATC Code : C10AA07

中文名：邁舒平膜衣錠 10 毫克 «Mylan»

適應症：高膽固醇血症、高三酸甘油酯血症。

藥理分類：Antilipemic Agent, HMG-CoA Reductase Inhibitor.

用法用量：**Administration:** orally, at any time of day without regard to meals.

Indications and dosage regimen:

Primary Hypercholesterolemia and Mixed Dyslipidemia:

- Initial dosage is 10 mg QD. Initiate at 5 mg QD in patients requiring less aggressive LDL-cholesterol reductions and in those with predisposing factors for myopathy.
Initiate at 20 mg QD in patients with marked hypercholesterolemia (LDL cholesterol > 190 mg/dL) and aggressive lipid targets.
- Maintenance dosage is 5-40 mg QD.
- Reserve 40- mg daily dosage for patients who have not achieved their LDL cholesterol goal with the 20- mg daily dosage.

Heterozygous familial hypercholesterolemia:

10-17 yr, initially 5 mg/day; titrate at 4- wk intervals up to MAX 20 mg/day.

Homozygous Familial Hypercholesterolemia:

Initially, 20 mg QD. Dosage can be increased up to 40 mg QD.

Hypertriglyceridemia:

Initially, 10 mg QD. Usual maintenance dosage is 5-40 mg QD.

Dosage adjustment:

Clcr < 30 mL/min (and not on hemodialysis): Initially, 5 mg QD, MAX 10mg daily.

- 禁忌：
1. 禁用於有活動性肝病者，有不明原因之血清氨基轉移酶持續上升者。
 2. 孕婦/授乳婦或有生育能力而未確實避孕之婦女。

交互作用：

1. 本品若與蛋白酶抑制劑、cyclosporine、gemfibrozil、Fenofibrate、niacin 或 erythromycin、fusidic acid 併用，則會增加發生肌病的危險性。
2. 應避免與紅麴類食品併用(含有天然的 statin)，以免體內 statin 含量過高，影響肝功能。
3. Coumarin 類抗凝血劑：會顯著的增加正在服用病人之 INR。
4. Nirmatrelvir/ritonavir, gemfibrozil, niacin, daptomycin, leflunomide, colchicine, fenofibrate: ↑ risk of myopathy, including rhabdomyolysis.
5. Warfarin: ↑ in INR and increased risk of bleeding.

不良反應：肌痛、頭痛、頭暈、噁心、腹痛、衰弱無力等。

- 注意事項：
1. 建議在治療前及給藥治療後 12 週或增加劑量時，做肝功能檢查；此後每間隔半年監測肝功能一次。
 2. 應指導用藥患者，如果出現不明原因的肌肉疼痛、壓痛或肌肉無力，尤其是伴隨身體不適或發燒，必須立即告訴醫師。

- 懷孕期：
1. Rosuvastatin 禁用於懷孕或可能懷孕的婦女。
 2. Rosuvastatin is contraindicated in pregnant females or those who may become pregnant.

- 授乳期：
1. 建議欲服 Rosuvastatin 的婦女應該不要授乳。
 2. Rosuvastatin is present in breast milk (limited data). Due to the potential for serious adverse reactions in a breastfed infant, use while breastfeeding is contraindicated by the manufacturer.