

Montelukast Sodium

【OSINU1】Montelukast® 10mg/Tab

ATC Code : R03DC03

中文名： 息喘膜衣錠 «中化»

【OSING5】Singulair® Chewable Tablet 5mg/Tab

ATC Code : R03DC03

中文名： 欣流咀嚼錠 «MSD»

適應症： 適用於預防與長期治療成人及小兒的氣喘，包含預防日間及夜間氣喘症狀，及防止運動引起的支氣管收縮。緩解成人及小兒的日間及夜間季節性過敏性鼻炎症狀 (Allergic Rhinitis)。

藥理分類： **Leukotriene Receptor Antagonist.**

用法用量： **Administration:** Orally, take without regard to food or meals. Patients with **both** asthma and allergic rhinitis should take a single dose in the evening.

Indications and dosage regimens:

Perennial allergic rhinitis:

Adult & Adolescents ≥ 15 years: 10 mg QD.

Children ≥ 6 years and Adolescents < 15 years: 5 mg (chewable tablet) QD.

Seasonal allergic rhinitis:

Adult & Adolescents ≥ 15 years: 10 mg QD.

Children ≥ 6 years and Adolescents < 15 years: 5 mg (chewable tablet) QD.

Asthma:

Adult & Adolescents ≥ 15 years: 10 mg QD (in the evening)

Children ≥ 6 years and Adolescents < 15 years: 5 mg (chewable tablet) QD (in the evening)

Bronchoconstriction, exercise-induced (prevention):

Adult: 10 mg at least 2 hours prior to exercise.

Children ≥ 6 years and Adolescents < 15 years: 5 mg (chewable tablet) at least 2 hours prior to exercise.

Adolescents ≥ 15 years: 10 mg QD at least 2 hours prior to exercise.

Note: Additional doses should not be administered within 24 hours.

不良反應： 頭暈、昏昏欲睡、腹痛、腹瀉、頭痛、咳嗽或感冒症狀。

交互作用： **Gemfibrozil:** ↑ the serum concentration of Montelukast.

注意事項： 1.可空腹服用或與食物併服。
2.由於對急性氣喘發作之療效尚未建立，因此不可用於治療急性氣喘發作。
3.5mg 咀嚼錠含有阿斯巴甜(aspartame)，苯酮尿症患者須謹慎。

懷 孕 期： 1.懷孕期中，只有在確定需要之下才可使用。
2. Based on available data, an increased risk of teratogenic effects has **not been observed** with montelukast use in pregnancy (*BTS 2016; GINA 2018*).
3. When clinically indicated, treatment with montelukast should not be withheld during pregnancy (*BTS 2016; GINA 2018*).

授 乳 期： 1.由於許多藥物會分泌入人乳中，因此當哺乳母親服用本藥時須特別注意。
2. Montelukast is present in breast milk (*Datta 2017*).
3. Patients with asthma should be encouraged to breastfeed their infants (*GINA 2018*).