

Iron (Hydroxide Polymaltose Complex)

【OTED】 Tedalin® Chewable Tab

ATC Code : B03AE04

中文名：鐵達寧咀嚼錠 «宇宙化學»

適應症：預防及治療鐵質缺乏症、缺鐵性貧血症。

成分：Each Tab contains:

Iron(III) (Hydroxide Polymaltose Complex)100 mg

藥理分類：Iron salt.

用法用量：Administration:

Administer without regard to meals. Chew the tablet and then swallow with enough water.

Dosage regimen:

1~2 tab daily

不良反應：噁心、皮膚起紅疹、嘔吐、腹瀉、心口疼痛、或臉部及四肢泛紅。

交互作用：

- FLUOROQUINOLONES: **decreased** effectiveness.
- DOXYCYCLINE, TETRACYCLINE: **decreased** tetracycline and iron effectiveness.
- CARBIDOPA or LEVODOPA: **decreased** carbidopa or levodopa effectiveness.
- ENTACAPONE: **decreased** entacapone bioavailability.
- PROTON-PUMP Inhibitors: **reduced** non-heme iron bioavailability.
- LEVOTHYROXINE: hypothyroidism.

注意事項：1. 可空腹或與食物一起服用服用。
2. 咀嚼後和水一起吞服。
3. 服用後若糞便呈黑色屬正常現象，但若伴隨腹部劇烈疼痛，需立即就醫。

懷孕期：1. Maternal iron requirements increase during pregnancy.
2. Ferrous gluconate has been evaluated in multiple studies as an iron supplement or for the treatment of IDA in pregnancy (*Peña-Rosas 2015; Reveiz 2011*).

授乳期：1. Iron is present in breast milk (*IOM 2001*).
2. Maternal iron requirements are increased in breastfeeding women (*IOM 2001*).
3. The World Health Organization considers ferrous salts used for anemia to be compatible with breastfeeding (*WHO 2002*).