

Twynsta (Telmisartan, Amlodipine)

【OTWY】 Twynsta® 80/5 mg Tablet

ATC Code : C09DB04

中文名： 倍必康平錠 «Boehringer»

適應症： 治療高血壓，此複方藥品不適用於起始治療。

成分： Each tablet contains:

Telmisartan 80 mg

Amlodipine Besilate.....5 mg

藥理分類： **Angiotensin II Receptor Blocker; Antianginal Agent; Antihypertensive; Calcium Channel Blocker, Dihydropyridine.**

用法用量： **Administration:** orally, administer with or without food.

Note : Dose is individualized; combination product may be substituted for individual components in patients currently maintained on both agents separately or in patients not adequately controlled with monotherapy (using one of the agents or an agent within the same antihypertensive class).
May also be used as initial therapy in patients who are likely to need > 1 antihypertensive to control blood pressure.

Indications and dosage regimens:

Hypertension:

Initial therapy (antihypertensive naive):

Telmisartan 40 mg/amlodipine 5 mg once daily; dose may be increased after 2 weeks of therapy. Patients requiring larger blood pressure reductions may be started on telmisartan 80 mg/amlodipine 5 mg once daily.

Maximum dose: Telmisartan 80 mg/day, amlodipine 10 mg/day

Add-on/replacement therapy:

Telmisartan 40-80 mg and amlodipine 5-10 mg once daily depending upon previous doses, current control, and goals of therapy; dose may be titrated after 2 weeks of therapy.

Maximum dose: Telmisartan 80 mg/day; amlodipine 10 mg/day

不良反應： 周邊水腫、頭痛、暈眩、疲倦與背痛。

交互作用：

Amlodipine---

- ↑ amlodipine 血中濃度： ketoconazole、itraconazole、ritonavir、cimetidine、clarithromycin、葡萄柚(汁)。
- ↓ amlodipine 血中濃度： Rifampicin、St. John's wort (聖約翰草)。
- Simvastatin: ↑ simvastatin level and ↑ of myopathy.
- Clopidogrel: ↓ antiplatelet effect and ↑ risk of thrombotic events.

Telmisartan---

- ALISKIREN: ↑ risk of hyperkalemia, renal impairment, and hypotension.
- ACEIs: ↑ risk of adverse events (ie, hypotension, syncope, hyperkalemia, changes in renal function, acute renal failure).
- DIGOXIN: ↑ risk of digoxin toxicity (nausea, vomiting, arrhythmias).
- Cellcept®: ↓ mycophenolate exposure and possible reduced efficacy.
- LITHIUM: ↑ risk of lithium toxicity.
- TRIMETHOPRIM, POTASSIUM CITRATE: ↑ risk of hyperkalemia.
- POTASSIUM PHOSPHATE: ↑ risk of severe and potentially fatal hyperkalemia.

- 注意事項：
1. 飯前或飯後服用均可；避免經常食用含鉀代鹽。
 2. 不可與葡萄柚汁併服。
 3. 易吸潮，不可研磨；藥錠自鋁箔取出後，應立即使用，以免受潮。
 4. 由於使用 Twynsta 之類的抗高血壓藥物可能出現暈厥、睏倦、暈眩或眩暈等副作用，因此病患在從事開車或操作器具或機器等活動時，應特別謹慎。

- 懷 孕 期：
1. 避免使用。發現懷孕時，應儘早停止使用 Twynsta®。
 2. **[US Boxed Warning]: Drugs that act on the renin-angiotensin system can cause injury and death to the developing fetus. When pregnancy is detected, discontinue as soon as possible.**
 3. The use of angiotensin II receptor blockers is generally not recommended to treat chronic hypertension in pregnant women and should generally be avoided in women planning a pregnancy (ACOG 203 2019).

- 授 乳 期：
1. 因為有潛在不良反應，應考量對母親的重要性決定是否停止哺乳或停用藥物。
 2. It is not known if telmisartan is present in breast milk.
Due to the potential for serious adverse reactions in the breastfeeding infant, a decision should be made whether to discontinue breastfeeding or to discontinue the drug, considering the importance of treatment to the mother.