

Ursodeoxycholic Acid

【OURSU】Urose[®] 300mg/Cap

ATC Code : A05AA02

中文名： 幽立平膠囊 «意欣»

適應症： 膽固醇系膽結石之溶解、原發性膽道肝硬化（primary biliary cirrhosis, PBC）之肝功能改善。

藥理分類： **Gallstone Dissolution Agent.**

用法用量： **Administration:** should be taken with meals or a snack since ursodiol dissolves more rapidly when bile and pancreatic juice are present in the intestinal chyme.

Indications and dosage regimen:

Disease of liver, Cholestatic:

13-15 mg/kg/day, divided into 2 doses (morning and bedtime) .

Gallstone:

8-10 mg/kg/day, divided into 2-3 doses.

Gallstone, During rapid weight loss; Prophylaxis:

300 mg 2 times a day (morning and bedtime)

Hepatitis, chronic:

450-600 mg/day in divided doses.

Primary biliary cirrhosis:

13-15 mg/kg/day (in 4 divided doses)

Congenital dilatation of lobar intrahepatic bile duct:

15-20 mg/kg/day in divided doses

Safety and effectiveness not established in children.

不良反應： 腹瀉、便秘、消化不良、頭痛、金屬味覺、脹氣、背痛等。

注意事項： 1. 猛爆性肝炎、膽道閉塞患者禁用本劑。
2. 飯中或飯後服用。本品不可與含鋁的制酸劑並用。
3. 本藥藥效產生慢，可能需要幾個月的時間才能將膽結石完全溶解。接受本藥治療期間應定期檢查肝功能。
4. 與經口糖尿病藥(Tobulamide)等併用，作用增強。

懷 孕 期： 1. 妊娠婦女不要使用。(仿單)
2. Adverse events have not been observed in animal reproduction studies. Ursodiol (ursodeoxycholic acid) is the treatment of choice for intrahepatic cholestasis of pregnancy (*Kremer 2011*).

授 乳 期： It is not known if ursodiol is excreted in breast milk. The manufacturer recommends that caution be exercised when administering ursodiol to breastfeeding women.