

Pyridoxine HCl

【OVITB6】 Vitamin B6 (Beesix®) 50mg/Tab

ATC Code : A11HA02

中文名： 維六素錠 «榮民製藥»

適應症： 妊娠嘔吐、維生素 B6 有效之皮膚炎、預防及治療其他藥品所引起神經病變。

藥理分類： Vitamin, Water Soluble

用法用量： **Administration:** Orally, take without regard to meals.

**Pyridoxine deficiency:**

Initial: 30 to 600 mg/day

Maintenance: 50mg QD

**Nausea and vomiting of pregnancy:**

10 to 25 mg TID to QID.

**Peripheral neuropathy associated with isoniazid therapy for *Mycobacterium tuberculosis* (prevention):**

25 to 50 mg/day.

不良反應： 噁心、胃部不適。

懷 孕 期： 1. Water soluble vitamins cross the placenta. Maternal pyridoxine plasma concentrations may decrease as pregnancy progresses and requirements may be increased in pregnant women (IOM 1998).  
2. Pyridoxine is used to treat nausea and vomiting of pregnancy (ACOG 189 2018; Neibyl 2010; Campbell [SOGC] 2016).

授 乳 期： 1. Pyridoxine is present in breast milk and concentrations vary by maternal intake. Pyridoxine requirements are increased in breastfeeding women compared to non-breastfeeding women (IOM 1998).  
2. Possible inhibition of lactation at doses >600 mg/day when taken immediately postpartum (Foukas 1973).