

Benzonatate

【OZCOU】 Zcough® 100mg/Soft Cap

ATC Code : R05DB01

中文名：咳治得軟膠囊 «美喬生技»

適應症：解除咳嗽症狀。

藥理分類：Antitussive

作用機轉：Tetracaine congener with antitussive properties; suppresses cough by **topical anesthetic action** on the respiratory stretch receptors.

用法用量：Administration:

- Orally, taken without regard to meals.
- Swallow capsule whole (do not break, chew, dissolve, cut, or crush).
- If capsules are chewed or dissolved in the mouth, oral mucosa anesthesia may occur and could lead to choking. If numbness or tingling of the tongue, mouth, throat, or face occurs, refrain from oral ingestion of food or liquid until numbness has resolved.

Dosage regimens:

Adults & children > 10 yrs (*UpToDate, 2020*)
100 to 200 mg 3 times daily as needed for cough;
maximum dose: 200 mg/dose;
maximum daily dose: 600 mg/day

Use is not recommended in children 10 years of age or younger, especially infants.

不良反應：鎮靜、頭痛、眩暈、便秘、噁心。

注意事項：1.整顆吞服，不可咬碎、咀嚼(會有局部麻醉作用，可能噎到)。
2.飯前或飯後服用均可。

禁忌：1. 14歲以下兒童、吞嚥困難者不得使用。(仿單)
2. 另有多筆資料顯示不建議用於10歲以下兒童。

懷孕期：1.尚無用於孕婦之安全相關資料。若非研判預期的利益大於可能的危險，懷孕期間最好避免使用本品。
2. Animal reproduction studies have not been conducted. Information related to use in pregnancy is limited (*Heinonen 1977*).

授乳期：1. It is not known if benzonatate is present in breast milk.
2. The manufacturer recommends that caution be exercised when administering benzonatate to breastfeeding women.