

Sertraline HCl

【OZOL】 Zoloft® 50mg/Tab

ATC Code : N06AB06

中文名：樂復得膜衣錠 «輝瑞»

適應症：鬱症、強迫症、恐慌症、創傷後壓力症候群(PTSD)及社交恐懼症及經前不悅症 (PMDD, Premenstrual Dysphoric Disorder)。

藥理分類：**Antidepressant, Selective Serotonin Reuptake Inhibitor.**

用法用量：**Administration** : orally, taken with or without food,.

**Indications and dosage regimens:**

**Major depression disorder:**

**Adult:**

Initial, 50 mg QD; may increase dose in increments of 25 to 50 mg once weekly to a Maximum of 200 mg/day.

**Note:** Doses up to 300 mg/day have been used for MDD and may provide further benefit (*Simon 2018*). More rapid titrations (every 3 days) in combination with an antipsychotic (eg, olanzapine) are used by some experts for patients with psychotic features (*Meyers 2009; Rothschild 2018*).

**Children 6 to 12 years: (Limited data available)**

Initial: 12.5 to 25 mg QD; may increase by 25 to 50 mg/day increments at intervals of at least 1 week; Maximum daily dose: 200 mg, avoid excessive dosing.

**Adolescents 13 to 17 years: (Limited data available)**

Initial: 25 to 50 mg QD; may increase by 50 mg/day increments at intervals of at least 1 week; Maximum daily dose: 200 mg.

**Obsessive-compulsive disorder ( OCD ):**

**Adult:**

Initial: 50 mg QD; may increase dose in increments of 25 to 50 mg once weekly to a Maximum of 200 mg/day.

**Note:** Doses up to 400 mg/day may have modest clinical benefit in patients with inadequate response to standard doses (*Ninan 2006*), but adverse effects may be increased.

**Children 6 to 12 years:**

Initial: 25 mg QD; increase by 25 to 50 mg/day increments at intervals of at least 1 week; range: 25 to 200 mg/day; Maximum daily dose: 200 mg.

**Adolescents 13 to 17 years:**

Initial: 50 mg QD; increase by 50 mg/day increments at intervals of at least 1 week; range: 25 to 200 mg/day; Maximum daily dose: 200 mg.

**Panic disorder:**

Adult--Initial: 25 mg QD for 3 to 7 days, then increase to 50 mg/day (*APA 2009*); thereafter, may increase dose in increments of 25 to 50 mg at intervals  $\geq 1$  week to a Maximum of 200 mg/day.

**Post-traumatic stress disorder (PTSD):**

Adult--Initial: 25 to 50 mg QD; may increase dose in increments of 25 to 50 mg at intervals  $\geq 1$  week to a Maximum of 200 mg/day.

**Note:** Doses up to 250 mg/day have been used in clinical practice and may provide further benefit (*Stein 2018*).

**Social anxiety disorder:**

Adult--Initial: 25 to 50 mg QD ; after ~6 weeks, may increase dose in increments of 25 to 50 mg at intervals  $\geq 1$  week to a Maximum of 200 mg/day.

**Note:** Doses up to 250 mg/day have been used in clinical practice and may provide further benefit (*Stein 2019*).

**Premenstrual dysphoric disorder (PMDD):**

**Continuous daily dosing regimen:**

Initial: 25 mg QD; over the first month, increase to the usual effective dose of 50 mg QD; in subsequent menstrual cycles, further increases in dose (eg, in 50 mg increments per menstrual cycle) up to 200 mg/day may be necessary in some patients for optimal response (*Casper 2019*).

- 不良反應： 噁心、腹瀉、震顫、眩暈、失眠、嗜睡、多汗、口乾及 男性性功能不良。
- 交互作用： 1.非選擇性不可逆的 MAOIs(linezolid，methylene blue)：於停藥 14 日之內不可與 MAOIs 並用，其引起 Serotonin Syndrome 症狀：高熱、僵硬、肌陣攣及精神狀態改變，可能導致死亡。  
2. Pimozide：可能造成 QTc 間隔的平均增值。  
3.St. John's wort：可能會使不良反應發生率增加。
- 注意事項： 1.空腹或與食物一起服用皆可。  
2.約需 4 週才能發揮療效。  
3.如使用於肝功能受損之患者，應調降劑量或減少投藥次數。
- 懷 孕 期： 1.不應該於懷孕時使用，除非經過醫師的判斷，其預期的效益超越對胎兒的危險性。  
2.在第三孕期使用 SSRI 類藥物可能會導致新生兒出現戒斷反應。  
3.有生育能力的婦女如果使用 Zoloft®應該避免懷孕。
- 授 乳 期： 1.曾有母親服用 sertraline 而哺乳的新生兒產生不良反應的報告。由於 sertraline 會從人體乳汁中排泄，因此不建議在接受 Zoloft®治療時哺乳。  
2.有報告指出當母親接受包括 Zoloft®的選擇性血清素抑制劑治療時某些新生兒會出現戒斷反應。
- 給付規定： 全民健保藥品給付規定：使用時須符合衛生主管機關核准之適應症，病歷上應詳細註明診斷依據及使用理由。