#### Sertraline HCl

[OZOL] Zoloft<sup>®</sup> 50 mg/Tab ATC Code : N06AB06

中文名: 樂復得膜衣錠 《輝瑞》

適應症: 鬱症、強迫症、恐慌症、創傷後壓力症候群(PTSD)及社交恐懼症及經前不悅症

(PMDD, Premenstrual Dysphoric Disorder) •

藥理分類: Antidepressant, Selective Serotonin Reuptake Inhibitor.

用法用量:Administration: orally, taken with or without food,.

## **Indications and dosage regimens:**

## Major depression disorder:

#### Adult:

Initial, 50 mg QD; may increase dose in increments of

25 to 50 mg once weekly to a

Maximum of 200 mg/day.

**Note:** Doses up to 300 mg/day have been used for MDD and may provide further benefit (*Simon 2018*). More rapid titrations (every 3 days) in combination with an antipsychotic (eg, olanzapine) are used by some experts for patients with psychotic features (*Meyers 2009; Rothschild 2018*).

## Children 6 to 12 years: (Limited data available)

Initial: 12.5 to 25 mg QD; may increase by

25 to 50 mg/day increments at intervals of at least 1 week;

Maximum daily dose: 200 mg, avoid excessive dosing.

## Adolescents 13 to 17 years: (Limited data available)

Initial: 25 to 50 mg QD; may increase by 50 mg/day increments at intervals of at

least 1 week;

Maximum daily dose: 200 mg.

#### Obsessive-compulsive disorder (OCD):

#### Adult

Initial: 50 mg QD; may increase dose in increments of 25 to 50 mg once weekly to a Maximum of 200 mg/day.

*Note:* Doses up to 400 mg/day may have modest clinical benefit in patients with inadequate response to standard doses (*Ninan 2006*), but adverse effects may be increased.

## Children 6 to 12 years:

Initial: 25 mg QD; increase by 25 to 50 mg/day increments at intervals of at least 1 week; range: 25 to 200 mg/day;

Maximum daily dose: 200 mg.

# Adolescents 13 to 17 years:

Initial: 50 mg QD; increase by 50 mg/day increments at intervals of at least 1 week; range: 25 to 200 mg/day; Maximum daily dose: 200 mg.

#### Panic disorder:

Adult--Initial: 25 mg QD for 3 to 7 days, then increase to 50 mg/day (APA~2009); thereafter, may increase dose in increments of 25 to 50 mg at intervals  $\geq$ 1 week to a Maximum of 200 mg/day.

## Post-traumatic stress disorder (PTSD):

Adult--Initial: 25 to 50 mg QD; may increase dose in increments of 25 to 50 mg at intervals  $\geq$ 1 week to a

Maximum of 200 mg/day.

**Note:** Doses up to 250 mg/day have been used in clinical practice and may provide further benefit (*Stein 2018*).

## Social anxiety disorder:

Adult--Initial: 25 to 50 mg QD; after  $\sim$ 6 weeks, may increase dose in increments of 25 to 50 mg at intervals  $\geq$ 1 week to a

Maximum of 200 mg/day.

*Note:* Doses up to 250 mg/day have been used in clinical practice and may provide further benefit (*Stein 2019*).

#### Premenstrual dysphoric disorder (PMDD):

# Continuous daily dosing regimen:

Initial: 25 mg QD; over the first month, increase to the usual effective dose of 50 mg QD; in subsequent menstrual cycles, further increases in dose (eg, in 50 mg increments per menstrual cycle) up to 200 mg/day may be necessary in some patients for optimal response (*Casper 2019*).

不良反應: 噁心、腹瀉、震顫、眩暈、失眠、嗜睡、多汗、口乾及 男性性功能不良。

交互作用: 1.非選擇性不可逆的 MAOIs(linezolid, methylene blue):於停藥 14 日之內不可與 MAOIs 並用,其引起 Serotonin Syndrome 症狀:高熱、僵硬、肌陣攣及精神狀態改變,可能導致死亡。

2. Pimozide:可能造成 QTc 間隔的平均增值。

3.St. John's wort:可能會使不良反應發生率增加。

注意事項: 1.空腹或與食物一起服用皆可。

2.約需 4 週才能發揮療效。

3.如使用於肝功能受損之患者,應調降劑量或減少投藥次數。

懷 孕 期: 1.不應該於懷孕時使用,除非經過醫師的判斷,其預期的效益超越對胎兒的危 險性。

2.在第三孕期使用 SSRI 類藥物可能會導致新生兒出現戒斷反應。

3.有生育能力的婦女如果使用 Zoloft®應該避免懷孕。

授 乳 期: 1.曾有母親服用 sertraline 而哺乳的新生兒產生不良反應的報告。由於 sertraline 會從人體乳汁中排泄,因此不建議在接受 Zoloft®治療時哺乳。

2.有報告指出當母親接受包括 Zoloft®的選擇性血清素抑制劑治療時某些新生兒會出現戒斷反應。