

Budesonide

【TBES】Besonin® Aqua Nasal Spray 100mcg/Dose, 200Doses/Bot      *ATC Code : R01AD05*

中文名：碧適清鼻腔定量噴液劑 《健喬信元》

適應症：季節性及經年性過敏性鼻炎、血管性鼻炎。

藥理分類：Corticosteroid, Nasal

用法用量：**Administration:** Intranasal spray

**Dosage regimen:**

Adults & children  $\geq$  6 yr:

Initially, 2 sprays in each nostril/day in 1-2 doses; once desired effect obtained, decrease the dose Q2-4 weeks to the lowest effective dose.

不良反應：鼻癢、鼻內乾燥、打噴嚏、鼻腔出現輕微出血性分泌物。

注意事項：  
1.每次使用前須充分搖勻。  
2.本品之療效並非立即性的，要在 2~3 天後才會顯出完全之療效。

懷 孕 期：除非有迫切的理由，一般孕婦應避免使用本品。在懷孕的動物身上投予 Budesonide，有胎兒生長異常現象，惟在人體之使用尚無法證實。  
Intranasal corticosteroids are recommended for the treatment of rhinitis during pregnancy; the lowest effective dose should be used (*NAEPP, 2005; Wallace, 2008*); budesonide is preferred (*Wallace, 2008*).

授 乳 期：The use of inhaled corticosteroids is not considered a contraindication to breast-feeding (*NAEPP, 2005*).  
Using only when clinically appropriate, at the lowest effective dose, and administering the dose following a feeding in order to minimize potential exposure to the nursing infant.