Liraglutide

[ISAX] Saxenda ® Inj. 18mg/3mL/ Pen

中文名: 善纖達注射液 «Novo Nordisk»

適應症: 用於體重控制,做為低熱量飲食及增加體能活動外之輔助療法。 藥理分類: Antidiabetic Agent, Glucagon-Like Peptide-1 (GLP-1) Receptor Agonist.

用法用量: Administration:

1. **SubQ**. Do not inject intravenously or intramuscularly. Inject subcutaneously into the upper arm, thigh, or abdomen.

ATC Code: A10BJ02

- 2. Change needle with each administration.
- 3. Administer on the same time daily, without regard to meals or time of day.
- 4. Once injected, continue to depress the button until the dial has returned to 0 **and** for an additional 6 seconds. Then, remove the needle.

Dosage regimen:

- ◆ Initial, 0.6 mg QD for 1 week; increase by 0.6 mg daily at weekly intervals to a target dose of 3 mg QD.
- ◆ If the patient cannot tolerate an increased dose during dose escalation, consider delaying dose escalation for 1 additional week.
- ◆ Efficacy has not been established at doses <3 mg/day; however, some experts will continue a patient on the maximum tolerated dose (even if <3 mg/day) if goal weight loss is achieved on that dose.

Note: Evaluate change in body weight after 12 weeks at maximum tolerated dose or 16 weeks after initiation of therapy; discontinue if at least 4% to 5% of baseline body weight loss has not been achieved.

不良反應: 噁心、嘔吐、腹瀉、便秘、注射部位反應。

交互作用:

- Fluoroquinolones : †risk of hypoglycemia or hyperglycemia.
- Hydroxychloroquine: hypoglycemia.
- Beta blockers: **hypo- or hyperglycemia**; ↓ symptoms of hypoglycemia.
- Furosemide, hydrochlorothiazide, indapamide: \(\) hyperglycemia risk.
- ACE inhibitors : ↑ risk of hypoglycemia.

注意事項: 1. 禁用於個人或是家族有 MTC (甲狀腺髓質癌) 病史患者及第2型多發性內分泌腫瘤綜合症患者 (MEN2)。

- 2. 善纖達[®]為每日一次,可在一天中任何時間使用,無須隨用餐時間調整。注射在腹部、大腿或上臂,可改變注射部位和時間點,而不需調整劑量。但決定一天當中最方便的時間後,最好每天固定在大約相同的時間注射善纖達[®]。
- 3. 若錯過一劑且距延遲時間未超過 12 小時,應盡速用藥。若錯過一劑且距離下一劑注射時間不到 12 小時,請勿再補注射,應等到下一次用藥時間再注射,並恢復每日一次治療。

懷 孕 期: 懷孕期間不應使用 liraglutide,如果想要懷孕或已懷孕,應停止 liraglutide。

授 乳 期: 尚不清楚 liraglutide 是否會分泌到母乳。由於缺乏資料,哺乳期間不應使用。

儲存: 1)未使用過的注射筆應儲存於 2-8℃冷藏室,不可冷凍。2) 初次使用後:請存放於 30°C 以下或冰箱冷藏 (2°C 至 8°C)。請勿冷凍,也不要使用冷凍過的善纖達。3) 注射筆使用後必須套回注射筆蓋,以避免光線照射。