#### Baclofen

[OBACL] Befon® 5mg/Tab ATC Code: M03BX01

中文名: 倍鬆錠 《美時化學》

適應症: 限於脊髓和大腦疾病或損傷引起的肌肉痙攣。

藥理分類: Skeletal Muscle Relaxant

用法用量: Administration: orally taken without regard to meals. If nausea occurs, may

administer with food or milk.

# Indications and dosage regimen:

### From *Micromedex*. 2021:

Adults & Children 12 yrs:

Initial, 5 mg orally 3 times a day; may increase dosage by 15 mg/day increments every 3 days until optimum effect is achieved.

MAX, 80 mg/day (20 mg orally 4 times daily).

Safety and efficacy not established in children < 12 yrs

## From *UpToDate*, 2021:

**Infants ≥4 months and Children <2 years:** *Very limited data available*:

Usual dose: 10 to 20 mg/day in divided doses every 8 hours; begin at low end of range and titrate dose to patient response.

Titration intervals of every 7 days have been used in pediatric patients  $\geq 2$  years.

Maximum daily dose: 40 mg/day.

# Children 2 to 7 years: Limited data available:

Initial: 2.5 mg 3 times daily.

Titrate dose by 5 mg increments at weekly intervals to patient response; usual dose: 20 to 40 mg/day.

**Maximum** daily dose: 60 mg/day.

**Children ≥8 years and Adolescents:** *Limited data available* in children <12 years:

Initial: 5 mg 3 times daily; titrate dose to patient response at weekly intervals to usual dose of 30 to 40 mg/day;

Maximum daily dose: 60 mg/day.

Some patients ≥12 years may require every-6-hour dosing;

Maximum daily dose range: 60 to 80 mg/day.

#### 仿單:

- 成人初劑量1日 5~15mg,1~3 次飯後分服用,達標準用量1日 30mg, 2~3 日,特殊情況可分次增量至1日 5~10mg,視症狀增減用量。
- 小兒初劑量1日 5mg,飯後 1~2 次分服用,達標準用量(15-12 歲 5~25mg,11-7 歲 5-20mg,6-4 歲 5~15mg),2~3日,特殊情況可分次增量至1日 5mg,視症狀增減用量。

不良反應: 頭暈、嗜睡、噁心、嘔吐、倦怠、肌肉無力。

注意事項: 1.有嚴重精神病及 epilepsy 病史者,應小心使用。

- 2.本劑可增強降壓劑、中樞神經抑制劑及酒精之作用。
- 3.長期使用可能發生幻覺、興奮。

懷 孕 期: 1.本藥會通過胎盤,懷孕婦女或可能懷孕的婦女請勿使用。

2. Late-onset neonatal withdrawal may occur following in utero exposure.

授 乳 期: 1.本藥會分泌至乳汁,哺乳婦請勿使用。

2. Withdrawal symptoms may occur in a breastfed infant when maternal baclofen is

discontinued or breastfeeding is stopped.