#### Venlafaxine

[OEAS] Easyfor® SR 37.5mg/Cap

中文名: 悅康持續性藥效膠囊 《南光》

適應症: 鬱症,泛焦慮症、社交焦慮症、恐慌症。

藥理分類: Serotonin/Norepinephrine Reuptake Inhibitor, Antidepressant.

用法用量: Administration:

- Oral: Administer with food.
- Administer either in the morning or in the evening at approximately the same time each day.

ATC Code: N06AX16

- Swallow capsule whole with fluid; do not divide, crush, chew, or place in water.
- Contents of capsule may be sprinkled on a spoonful of applesauce and swallowed immediately without chewing; followed with a glass of water to ensure complete swallowing of the pellets.

## Indications and dosage regimens:

# Major depressive disorder (unipolar):

**Initial**: 37.5 to 75 mg QD; in patients who are initiated at 37.5 mg QD, may increase to 75 mg QD after 4 to 7 days; thereafter, may increase dose in increments of  $\leq$ 75 mg/day at intervals of  $\geq$ 4 days based on response and tolerability (slower intervals of every 2 to 4 weeks are appropriate in less clinically urgent situations);

Usual dosage: 75 to 225 mg QD.

# Generalized anxiety disorder:

**Initial:** 37.5 to 75 mg QD; in patients who are initiated at 37.5 mg QD, increase to 75 mg QD after 4 to 7 days; may then be increased by  $\leq$ 75 mg/day increments at intervals of  $\geq$ 4 days as tolerated;

Usual dosage: 75 to 225 mg QD (maximum dose: 225 mg/day).

### Social anxiety disorder:

**Initial:** 37.5 mg QD; increase to 75 mg/day after 1 to 2 weeks.

May continue to increase in increments of 75 mg each week based on response and tolerability up to 225 mg QD; however, doses >75 mg/day have demonstrated greater adverse effects and without greater efficacy.

### Panic disorder:

**Initial:** 37.5 mg QD for 1 week; may increase to 75 mg QD after 7 days, may then be increased by  $\leq$ 75 mg/day increments at intervals of  $\geq$ 7 days;

Usual dosage: 75 to 225 mg QD (maximum dose: 225 mg/day).

不良反應: 噁心、頭痛、嗜睡、口乾、便秘、暈眩、失眠、神經緊張、盜汗。

交互作用: 併用 MAOIs 或 TCAs,易發生類精神病症狀的惡性症候群(體溫過高、肌陣 攣...)。

- 1. linezolid: risk of serotonin syndrome (hypertension, hyperthermia, myoclonus..).
- 2. Metoclopramide: ↑ risk of EPS and neuroleptic malignant syndrome.
- 3. Dronedarone: ↑ risk of QT-interval prolongation.
- 4. NSAIDs: ↑ risk of bleeding.
- 5. Heparin, warfarin, enoxaparin, dabigatran, rivaroxaban, edoxaban: ↑ risk of bleeding.
- 6. ASPIRIN, dipyridamole, ticlopidine, tirofiban, clopidogrel, cilostazol: ↑ risk of bleeding.
- 7. RIZATRIPTAN: ↑ risk of serotonin syndrome.

### 注意事項:

- 1. 隨餐使用。每日早上或晚上之同一時間使用。用開水吞服整個膠囊,不得剝半,咬碎、咀嚼或放入水中,但可將膠囊小心打開,並將內容物(球狀體)倒在 湯匙內與開水一起吞服。
- 2. 請配合醫師指示服用。
- 3. 小孩、青少年和年輕成人服用抗憂鬱劑需密切觀察。
- 4. 治療時,可能會導致血壓持續性升高,因此要監測病人的血壓。
- 5. 本劑絕對禁止與 MAOIs 併用,須在 MAOIs 停用 2 週之後,才可使用。
- 6. 建議中度腎功能損壞的病患將全日劑量降低 25%,而中度肝功能損壞或血液透析的病患,將全日劑量降低 50%。
- 7. 回溯性臨床研究報導指出,相較於其他 SSRI 抗憂鬱藥品,venlafaxine 的用藥過量可能有較高的致死危險性,但其危險性仍比三環類抗憂鬱藥品來的低。建議醫療專業人員開立 venlafaxine 處方時,能一次給予病患最小量的膠囊數,並給予病患良好的教育與管理,來減低用藥過量的危險性。

懷 孕 期: 目前尚無足夠且控制良好的試驗。唯有當潛在效益勝過可能對胎兒造成 的潛 在風險時,才能在懷孕期間使用。

授 乳 期: 目前證明 venlafaxine 與 ODV(O-desmethylvenlafaxine)代謝物會分泌至乳汁。 因可能對哺乳中的嬰兒有嚴重副作用的潛在性,故需針對母親用藥的重要性評估,而決定需要停止哺乳或停藥。