

Diltiazem HCl

【OHER】 Herbesser® 30mg/Tab

ATC Code : C08DB01

中文名：合必爽錠 «台灣田邊»

適應症：狹心症、輕度至中度之本態性高血壓。

藥理分類：**Antiarrhythmic Agent, Class IV; Antihypertensive; Calcium Channel Blocker; Nondihydropyridine.**

用法用量：**Administration:** orally, before meals and at bedtime.

Indications and dosage regimens:

Angina:

Chronic stable angina (alternative agent); Vasospastic angina:

Initial: 30 mg 4 times daily; increase as needed at 1- to 2-day intervals to effective antianginal dose;

usual effective dose: 240 to 360 mg/day in 3 to 4 divided doses.

Hypertension:

Initially, 30 mg 3 times daily; may be increased to a

MAX. dosage of 360 mg daily given in 3 or 4 divided doses.

Safety and efficacy not established in children.

不良反應：下肢水腫、頭痛、暈眩、心跳變慢。

注意事項：
1.飯前半小時服用。
2.不要吃葡萄柚或喝葡萄柚汁。
3.用藥期間避免大量飲酒。

禁忌：Sick sinus syndrome、二或三度房室阻斷、低血壓、急性心肌梗塞、肺充血之患者禁用。

交互作用：
1. 增加 Diltiazem 血中濃度：Cimetidine、Clarithromycin、Erythromycin、Itraconazole、Ketoconazole、葡萄柚汁。
2. 降低 Diltiazem 血中濃度：Phenytoin、Carbamazepine、Rifampicin、St. John's wort (聖約翰草)。
3. Colchicine: ↑ colchicine plasma level and ↑ risk of toxicity.
4. Cisapride: ↑ risk of cardiotoxicity (QT prolongation, torsades de pointes, cardiac arrest).
5. Simvastatin, lovastatin, atorvastatin: ↑ statins level and ↑ of myopathy.
6. Clopidogrel: ↓ antiplatelet effect and ↑ risk of thrombotic events.

懷孕期：
1. 勿對孕婦或可能懷孕的婦女投與 Herbesser®。懷孕或可能懷孕婦女使用本藥之安全性尚未建立。
2. Adverse events have been observed in animal reproduction studies.
3. Calcium channel blockers may be used to treat hypertension in pregnant women; however, agents other than diltiazem are more commonly used (ACOG 203 2019; ESC [Regitz-Zagrosek 2018]).

授乳期：Diltiazem 會分泌至人類乳汁中。建議避免對哺乳中的婦女投藥，但無法避免仍須投藥時，必須停止哺乳。