

用藥迷思 Medication Myths

When taking medicine, stomach medicine must be taken together to protect the stomach?

1. Not all medicine will hurt the stomach. In fact, only a small percentage of medicine will have side effects on the stomach.
2. The main ingredients of stomach medicine can easily combine with other medicine, affecting the absorption of these medicines.

It is best to take medicine after meals?

1. Many people believe that medicine will hurt the stomach and deduce that it is best to take medicine after meals.
2. The absorption of some medicine is affected by food, so may need to be taken on an empty stomach.

After the symptoms disappear, the medicine need not be taken?

1. The effect of medicine is to eliminate causes of illnesses, control, or delay the progress of the illness, and relieve symptoms.
2. Many antibiotics are designed to eliminate the source of infectious diseases. If medication is stopped in the middle of the treatment process, it may lead to drug resistance of the illnesses.
3. Taking medicine to control blood pressure and diabetes long term can significantly reduce complications.

Introducing “good medicine” to good friends?

Every person's organ functions, disease conditions, reactions to therapy, and body nature are different. Therefore the dosage of a particular medicine may affect different people differently. Doctors and pharmacists will usually choose different medicine for different patients..

Injections are better than taking medicine orally?

1. Pain: the part injected will suffer pain.
2. Infection: Incomplete disinfection of needles or syringe or piping may lead to infection.

3. Risks: Negative reactions to injections or overdose through injections have smaller chance of rescue and detoxifying.
4. Basic principle of taking medicine: If can be used partially, then do not take orally. If can take orally, then do not take injections.

Grinding the medicine will lead to faster and better effects?

1. Some medicine cannot be grinded into powder or chewed, such as sublingual tablets, long-lasting tablets or continuous tablets, casings tablets etc.
2. The stability of medicine after being grinded into power is less, and the packing is less accurate, making the drug effects and dosage unable to control fully.

Sedatives and sleeping pills are bad for you, and should not be taken?

1. Currently, commonly used sedatives and sleeping pills are very safe.
2. They can be used to relieve tension and stress, relax muscles, and help one sleep.
3. If necessary, short-term use at appropriate level of sedatives and sleeping pills can help patients relieve stress and sleep disorders.

Morphine will lead to addiction, so it is better to endure pain rather than take morphine?

1. Morphine is the strongest pain-killer, and is most frequently used to stop pain after surgery and for treatment of cancer, etc.
2. There is hardly ever addiction when used medically. Also, having minimal pain is the right of cancer patients in the terminal stage, and is an indicator of human rights.