

看病時如何向醫師說清楚

How to clearly state your syndrome to your doctor

While seeing doctor, details of your statement should include the following:

1. Symptoms: part of body injured or feeling sick, status, and time occurred... etc.
2. Personal history of illness: including records of surgery, hospitalization, medical examining report, with or without diseases of diabetes, hypertension, liver kidney or familiar diseases, etc.
3. Have you ever had any unusual reaction over certain drugs? or allergies? Or special diet habits.
4. Drugs are currently taking: including chronic disease medicine, Chinese medicine, vitamins, contraceptive drugs, diet pills, healthy food and special food.
5. Have you ever taken any other drugs in past few weeks: – Some drugs may continuously function in your body which would affect current medicine from doctor's prescription.
6. Any other undisclosed diseases, which may influence the result of medication: for example, if you have a liver or kidney dysfunction, which prolongs the drugs' excreting time from your body, or even increase drugs' toxicity.
7. Are you breastfeeding your baby: Because some drugs may secrete into breast.
8. Do you have any surgery arrangement or medicare plan: Since current medicine may influence coagulation and medical report.
9. Are you participating any examinations? operating machinery? Or driving? because some drugs will make you feel sleepy which may cause your distraction and bad reaction.
10. Are you pregnant? Some drugs may get in the fetus body through the placenta.